

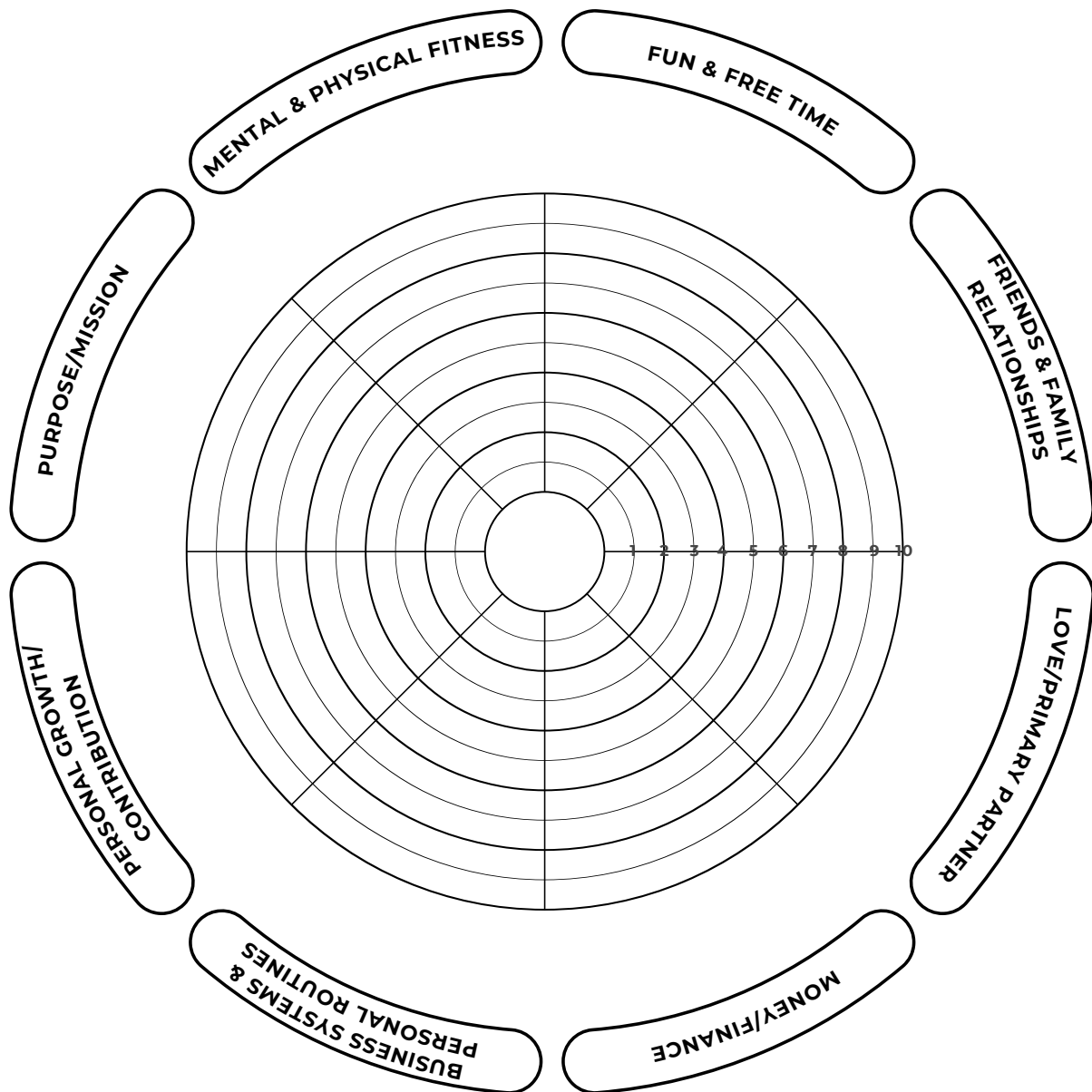
LIFESTYLE FREEDOM

ASSESSMENT

THIS WHEEL IS A TOOL DESIGNED TO HELP GET YOU UNSTUCK. BY GOING THROUGH IT YOU WILL GAIN THE MUCH-NEEDED CLARITY TO TAKE ACTION AND GET SHIT DONE. IF YOU TRULY DESIRE LIFESTYLE FREEDOM USE THIS TOOL BY LOOKING AT THE 8 LIFE AND BUSINESS CATEGORIES BELOW AND RATE THEM FROM 1 - 10.

1 BEING FULLY UNSATISFIED, 10 BEING FULLY SATISFIED.

FILL IN YOUR SCORES AND THEN MOVE ON TO THE QUESTIONS BELOW.



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AS AN ENTREPRENEUR, IT CAN BE DIFFICULT TO FEEL LIKE YOU HAVE A THRIVING BUSINESS AND PERSONAL LIFE. WHEN SELF-DOUBT CREEPS IN IT CAN FEEL LIKE SUCCESS AND FREEDOM ARE ALWAYS JUST OUT OF REACH. ANSWER THE QUESTIONS BELOW TO SEE IF YOU CAN GET CLARITY AROUND THE CATEGORIES YOU SCORED THE LOWEST.

LOOKING AT YOUR WHEEL, WHAT'S THE FIRST THING YOU NOTICE?

WHAT IMPACT IS THIS HAVING IN YOUR LIFE? (IN BUSINESS, CAREER, FAMILY, FRIENDS, HEALTH, FREE TIME, TRAVEL, OTHER INTERESTS, ETC)

AND WHAT ARE YOU MISSING OUT ON AS A RESULT OF THAT IMPACT?

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WHAT SPECIFIC AREA OF YOUR WHEEL, IF IT IMPROVED RIGHT AWAY, WOULD GIVE YOU THE MOST IMPACT ON YOUR ENTIRE WHEEL?

WHY IS THAT IMPORTANT TO IMPROVE? MAKE SURE TO DIG 5-7 LAYERS DEEP HERE - KEEP ASKING WHY EACH SUCCESSIVE ANSWER IS IMPORTANT TO YOU.

WHAT IS THE MOST IMPORTANT ACTION YOU COULD TAKE TO IMPROVE THIS SPECIFIC AREA YOU'VE IDENTIFIED AS MOST IMPACTFUL?

HOW CLEAR OR CONFIDENT ARE YOU THAT YOU CAN GET THERE ON YOUR OWN? (SCORE 1-10; 10 = FULLY) AND WHAT GETS IN THE WAY?

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WOULD YOU LIKE SOME HELP WITH THIS TO MAKE YOUR SUCCESS HERE CERTAIN?

CONGRATULATIONS! NOW YOU HAVE A BETTER UNDERSTANDING OF EXACTLY WHERE YOU HAVE BEEN STUCK AND AN ACTION PLAN TO CREATE MORE FREEDOM.

THE HARD PART IS IN THE FOLLOW-THROUGH.

I INVITE YOU TO BOOK A COMPLIMENTARY COACHING CALL WITH ME TODAY AND WE CAN REVIEW YOUR LIFESTYLE FREEDOM ASSESSMENT TOOL TOGETHER.

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